

ASSOCIATION FOR INDIA'S DEVELOPMENT MIT & BOSTON CHAPTERS

मेला 2009
art. culture. peace

MIT, ROCKWELL CAGE
OCT 11, 2009 (3-10 PM)
www.shantimela.org

Workshop: Experience the beauty of Odissi



About the Workshop:

Odissi is an extremely graceful dance. It portrays multiple elements of poetry, sculpture, music, yoga, and drama into a supremely elegant, multi-dimensional art form. This workshop will explore how the dance is connected to each of these aspects.

Workshop includes, yoga through dance to calm and soothe the mind, introduction to the square and triangle based basic postures used in the dance, slide show about the background of the dance, interesting hand and feet positions and their meaning. Experience story telling thorough dance.

All ages and genders welcome.

Profile: Mouli Pal

Mouli Pal is a mesmerizing dancer, loving teacher and a passionate proponent of Odissi. A disciple of Guru Kelucharan, Mouli is the founder of "Upasana" a Boston based group of dancers to promote the art form (UpasanaOdissi.com). Upasana aims to preserve and pass on the dance in its authentic form by inspiring and training budding dancers. Upasna also brings the dance loving community together by organizing events, raising funds for non profit organizations, and encouraging artists by presenting the "Upasana Samman". Residing in Boston since 2000 Mouli implemented Guruji Kelucharan's vision of introducing audiences to this lesser known style of dance through her performances at museums, festivals, temples, schools, Universities, libraries and cultural centers.

While dedicating herself to Odissi Mouli also completed her Graduate studies in Finance and passed all the three challenging CFA exams. Mouli is also a member of International Dance Council – CID, an UNESCO recognized body of dancers. More information: <http://www.upasanaodissi.com/gallery.php>

3:00—3:40pm

Other Programs in the Festival:

Music workshops, dance workshops, peace workshops, art contest, photo exhibits, delicious food, indoor games, kids activities, peace mural painting, performances, community dance (garba-dandiya) and much more..

Association for India's Development is a volunteer movement promoting sustainable, equitable and just development. AID supports grassroots organizations in India and initiates efforts in various interconnected spheres such as agriculture, energy, education, health, livelihoods, natural resources including land and water, women's empowerment and social justice. More information about us at www.aidboston.org or www.aidindia.org.