

# ASSOCIATION FOR INDIA'S DEVELOPMENT MIT & BOSTON CHAPTERS



**मेला 2009**  
art. culture. peace

MIT, ROCKWELL CAGE  
OCT 11, 2009 (3-10 PM)  
[www.shantimela.org](http://www.shantimela.org)

## Workshop: ART of Mehndi



### About the Workshop:

Mehndi-covered hands is one of the most iconic and beautiful aspects of an Indian bride's wedding look! It is also becoming increasingly popular for use as a natural temporary tattoo. In this workshop, you'll learn about some of the cultural traditions of mehndi (aka henna) as well as the science of how it works. The second half of the workshop will be hands-on, as you learn how to use a henna cone to create some basic design elements.

See the picture on the left. Let me know if you prefer something else. You can use anything in the galleries at [www.HennaByHeather.com](http://www.HennaByHeather.com).

### Profile: Heather Caunt-Nulton

Heather Caunt-Nulton is an internationally certified mehndi artist and the owner of Henna By Heather, New England's most prominent henna business. She has been sharing her love of the art of mehndi for the past 10 years. Each March, she hosts the Northeast Henna Gathering in Providence, RI, the biggest event of its type in the US. Heather is available for appointments for weddings, private parties, and all other types of event, and can be contacted at [www.HennaByHeather.com](http://www.HennaByHeather.com).



### Other Programs in the Festival:

Music workshops, dance workshops, peace workshops, art contest, photo exhibits, delicious food, indoor games, kids activities, peace mural painting, performances, community dance (garba-dandiya) and much more..

*Association for India's Development is a volunteer movement promoting sustainable, equitable and just development. AID supports grassroots organizations in India and initiates efforts in various interconnected spheres such as agriculture, energy, education, health, livelihoods, natural resources including land and water, women's empowerment and social justice. More information about us at [www.aidboston.org](http://www.aidboston.org) or [www.aidindia.org](http://www.aidindia.org).*